

Alan John Associates Ltd

ANNUAL REFRESHER – FIRST AID AT WORK

(Suitable for EFAW or FAW first aiders)

Admin/ Registration

Assessing emergency situations

The unconscious breathing casualty (inc. seizures)

- Recovery position

COFFEE

Resuscitation

Choking

Shock

Wounds & bleeding

Notes:

1. This course satisfies the HSE *strongly recommended* advice under the Code of Practice L74 refresher training for FIRST AIDERS in the workplace. The course however, does *not* revalidate the holder's certificate for a further 3 years.